TREKKERS OUTDOOR RECREATION CLUB

LAAGER 1 NEWSLETTER SEPTEMBER 2015

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Hi Everyone

We have been talking about it ever since four of our members attended the National Annual General Meeting in Port Elizabeth in September last year and now the 2015 NAGM which we will be hosting and have been working towards and looking forward to is now only two weeks away … frightening thought!!

But before any mention of the NAGM, we would like to wish our September celebrants [*again! - you can't have too many birthday wishes*] as well as our October birthday babies - both months really keeping it in the families ..

5	*Barry Berg*
13	*John Morgan*
22	*Joanne Morgan*



7	*Sandra Acton*
7	*Antonette Mouton*
25	*Hugh Acton*



May you all have a wonderful, happy day surrounded by lots of love and joy.

NEXT OUTSPAN: NATIONAL ANNUAL GENERAL MEETING AT QUEENSBURGH CARAVAN PARK - 24 - 27 SEPTEMBER 2015 [another lovely long weekend]

OUTSPAN FEE:	**Per Person per day**	**R95.00 00**
DISC FEE:	**Per Unit**	**R5.00 00**

And now - the highlight of the newsletter for me - the finemaster's version of the …..

LONG WEEKEND AT EAGLE VIEW …

Well I haven't done a report for a fair while so please forgive me if I get it wrong. Jackie and I arrived on Friday morning at about 10.30 to find that we were the last to arrive. Sandra & Hugh, Dennis &

Antonette, Joep & Annie and our visitors Casper & Caren were already there, two vans having arrived the day before. We were soon set up and having coffee.

The weather was great the whole weekend, sunshine during the day but it dropped to 6 deg. inside our van when we went to bed, I'm glad we took our electric blanket.

Several couples ventured on walks down to the waterfalls, which were flowing well.

Casper was trying very hard to get his DSTV dish set up for the rugby match. Dennis, Hugh and myself tried also but we all failed; Casper said don't worry he will phone DSTV and get it sorted, out only to discover that his MTN phone had no signal. He also had a fridge malfunction in his trailer; he wasn't having much luck. But eventually with the help of Dennis and his Boy Scout compass we got it pointing in the right direction and later watched the Boks get beaten again.

The ladies had a great time playing '*30 Seconds*' but I think Annie changed it to 3 minutes instead; some of them are not very bright on general knowledge. I even heard Antonette saying Glasgow was in Ireland? And these ladies were making so much noise across the other side of the park that I could not hold my bed down and sleep so I fined them all anyway. Caren was most concerned when she asked Hugh what was wrong with his bed that he had to hold it down.

Joep had 2 ladies running around the park looking for the Fish Eagle they could hear only to find out it was his ring tone on his phone. Dennis and Antonette put their storm-net on the van, moved it around a bit then took it off altogether - net result - no net. Eagle View is very dark at night and both Hugh and Sandra kept falling over the guy ropes of the windshield. But when I wrapped them in loo roll they were easier to see.

Saturday evening meal was provided by Antonette's mum in the form of vegetable soup which was great as the weather was a bit chilly. Thank you mum. We had to put up windshields around the lapa to make it more comfortable. We had tons of firewood so a roaring fire kept us all warm. Some tall stories were told around the fire especially Annie on how she was such a lousy shot with her firearm that she missed everyone in the street.

Sunday was again a lovely day; sunshine and no rain so, again, the ladies played a noisy game of '*30 Seconds*' only, this time, I think it was only 30 seconds. Sandra cooked a batch of crumpets, which were delish, but I was fined for asking for a fried egg on mine. We had a communal braai with salads later, which was great. Casper was asked how his wife likes her meat cooked and his reply was "the way I cook it".

On Monday we had Indaba, there was no '100 club' as Fred was not there but I was the fine master and the fine masters' friend had lots of paper in it. I think I fined most people but with 5 vans and 10 people it is not easy.

Thanks.

John & Jackie.

It seems as if, once again, Fred and I missed another great weekend with super weather, super food and super folk ….

and now for Laager 1's news:

NEWS … NEWS … NEWS …

Our Laager 1 families are not in a good way at the moment, medically speaking that is. [someone remarked that we are helping many doctors to finance their new vehicles! …]

The first casualty was Barbara who had to have the cartilage in her kneecap removed but she is recovering well. Barbara only had to rely on her crutches for a week but, unfortunately, will have to have another operation to replace the cartilage in a few months time.
In between all of this, the Prinsloos have sold their home and are busy packing and sorting out before moving down to Scottburgh where they have bought a new home in a retirement village. Good luck with the move!

The Holdens are also not doing too well - Tom has started his chemo treatment. and, not surprising after all that has happened recently, selling, moving etc. etc. Margaret is taking a lot of strain. We are all thinking and praying for you both.

Dennis Mouton collapsed, fell badly and hurt his elbow and was in hospital for a while. Dennis you are also in our thoughts and prayers and hope you will soon be 100% 'back to normal'.

Dougie Paul has been hospitalised and has had a pacemaker fitted and is now in a care home - we have you and Betty in our hearts and prayers as well.

Both Jackie Morgan and I decided to have our cataracts removed, both of mine have now been done and Jackie will be having her second eye done during the coming week - hope we will soon be singing 'I can see clearly now ….'

Wow!! We all really need to look after ourselves health wise - a good prescription of healthy food and a healthy lifestyle is required - and what could be more of a healthy lifestyle than being out in the fresh open air with good friends - caravanning with Trekkers of course! I want some happy news please …

…… **PLEASE, PLEASE, PLEASE:**
As soon as you have finished reading this Newsletter and you have not already done so, let Lynda know on either her mobile, 084 359 2554, or email at bergbarlyn1@gmail.com IF you *will or will not* be caravaning at Queensburgh and exactly when you will be arriving and departing. Thank you,

Travel safely

JOAN

My bumper sticker for September is

Start by doing what's necessary;
Then do what's possible and
Suddenly you are doing the impossible.
Francis of Assisi

I found the following

The New Alphabet which I thought is very appropriate for Laager 1 members at this time - how many apply to you??

A is for apple, and B is for boat,

that used to be right, but now it won't float!

Age before beauty is what we once said,

but let's be a bit more realistic instead ,,,

A's for arthritis; ***B's*** the bad back, ***C's*** the chest pains, perhaps car-di-ac?

D is for dental decay and decline, ***E*** is for eyesight, can't read that top line!

F is for fissures and fluid retention, *G* is for gas which I'd rather not mention.

H - high blood pressure--I'd rather it low; *I* for incisions with scars you can show.

J is for joints, out of socket, won't mend, *K* is for knees that crack when they bend.

L is for libido, what happened to sex? *M* is for memory, I forget what comes next.

N is neuralgia, in nerves way down low; *O* is for osteo, bones that don't grow!

P for prescriptions, I have quite a few, just give me a pill and I'll be good as new!

Q is for queasy, is it fatal or flu? *R* is for reflux, one meal turns to two.

S is for sleepless nights, counting my fears, *T* is for Tinnitus; bells in my ears!

U is for urinary; troubles with flow; *V* for vertigo, that's 'dizzy,' you know.

W for worry, now what's going 'round? *X* is for X ray, and what might be found.

Y for another year I'm left here behind, *Z* is for zest I still have-- in my mind!

I've survived all the symptoms, my body is deployed,

and I'm keeping twentysix doctors fully employed!!

Hoping to see you at the NAGM ….

